

AMERICAN BAR ASSOCIATION
COMMISSION ON DISABILITY RIGHTS
SECTION OF CIVIL RIGHTS AND SOCIAL JUSTICE
SECTION OF REAL PROPERTY, TRUST AND ESTATE LAW
COMMISSION ON LAW AND AGING

REPORT TO THE HOUSE OF DELEGATES

RESOLUTION

1 RESOLVED, That the American Bar Association urges state, territorial, and tribal legislatures to
2 amend their guardianship statutes to require that supported decision-making be identified and
3 fully considered as a less restrictive alternative before guardianship is imposed; and urges courts
4 to consider supported decision-making as a less restrictive alternative to guardianship; and
5
6 FURTHER RESOLVED, That the American Bar Association urges state, territorial, and tribal
7 legislatures to amend their guardianship statutes to require that decision-making supports that
8 would meet the individual's needs be identified and fully considered in proceedings for
9 termination of guardianship and restoration of rights; and urges all courts to consider available
10 decision-making supports that would meet the individual's needs as grounds for termination of a
11 guardianship and restoration of rights.

REPORT

An individual's right to make decisions about his or her life is a fundamental value in American law. Guardianship is a legal means by which a court appoints a third party (guardian) to make some or all decisions on behalf of an adult whom the court finds is not able to make decisions for him or herself. While guardianship can be an important protective device, it results in loss of an individual's right to make life choices. Accordingly, because of the significant liberty and property interests at stake, less restrictive alternatives must be considered before a guardianship is imposed. Most state statutes have recognized this important concept.

This resolution does several things. First, it continues and furthers the American Bar Association's (ABA) long-standing interest in, and commitment to, ensuring that guardianship is a "last resort" after other, less restrictive options have been considered. Second, the resolution recognizes the newly denominated modality of supported decision-making—in which people make their own decisions with supports, rather than rely on a surrogate—and urges that it be explicitly included in guardianship statutes requiring consideration of less restrictive alternatives. Supported decision-making is a process by which individuals¹ choose a trusted person or persons to support them in making their own decisions and exercising their legal capacity. Supporters can be friends, family, professionals, advocates, peers, community members, or any other trusted person. They may gather and present relevant information; help the person to understand and weigh decisions, including potential risks, options, and likely outcomes and consequences; communicate the decision to third parties such as health care professionals and financial institutions; and/or assist in implementing the decision. Finally, the resolution further urges courts reviewing already existing guardianships to consider decision-making supports as appropriate grounds for terminating guardianship and restoring the rights of the person who was subject to the guardianship.

This report provides background on adult guardianship and the legal principle of the least restrictive alternative; examines the concept of supported decision-making; summarizes relevant ABA involvement and policy; and explains the need for this resolution.

Background

Guardianship² has been employed since Roman times to "protect" persons who are unable to manage their personal or financial affairs because of "incapacity" by removing their right to make decisions and giving legal power to another person, the guardian.³ In the United States,

¹ Individuals with psychosocial disabilities, intellectual and developmental disabilities, traumatic brain injury, and older individuals with cognitive limitations.

² Terminology differs by state. Many states use the terms "guardianship of the person" and "guardianship of the estate" or "guardianship of property," while other states (and the Uniform Guardianship, Conservatorship, and Other Protective Arrangements Act [UGCOPAA]) use the term "guardianship" to refer to guardianship of the person and "conservatorship" to refer to financial matters. A few states do not use the term "guardianship" for adults, but use the term "conservatorship" exclusively for the person and for the estate of adults. In this report, the generic term "guardianship" refers to guardians of the person, as well as guardians of property or "conservators," unless otherwise indicated.

³ See, e.g., Kristin Booth Glen, *Changing Paradigms: Mental Capacity, Legal Capacity, Guardianship and Beyond*, 44 COLUM. HUM. RTS. L. REV. 93, 102-06 (2012).

guardianship is a matter of state law. Before a guardian may be appointed, an individual must be determined to lack the ability to meet essential requirements for physical health, safety, or self-care because he or she is unable to receive and evaluate information or make or communicate decisions, even with appropriate supportive services, technological assistance, or supported decision making and his or her identified needs cannot be met by less restrictive alternatives.⁴

In most jurisdictions, a single guardianship statute covers all incapacitated adults, regardless of the cause of their incapacity, which often is cognitive impairment due to aging. Six states—California, Connecticut, Idaho, Kentucky, Michigan, and New York—have a separate statute or provision that covers guardianship of persons with intellectual or developmental disabilities.⁵

Guardianships may be plenary (full), removing all decision-making rights from the person subject to guardianship, or limited, taking away decisions in those areas in which the person is found to lack capacity. Although virtually all statutes include a strong preference for limited guardianships, what empirical data exists suggests that the vast majority of guardians appointed are given total, or plenary power, to substitute their decisions for those of the persons under guardianship, often referred to as “wards” or “incapacitated persons.”⁶

Few states collect information on guardianship in ways that make it possible to make accurate statements about its prevalence. The National Center for State Courts estimated that, based on the average of active pending adult-guardianship cases in four states for 2008, the number of active cases in the United States is 1.5 million, but could range from less than 1 million to more than 3 million due to the variance between the states.⁷ With the growing number of aging baby boomers,⁸ that number is expected to increase significantly.

It is estimated that between seven and eight million Americans of all ages, or three percent of the general population, experience intellectual or developmental disabilities.⁹ According to a 2014-

⁴ Uniform Guardianship, Conservatorship, and Other Protective Arrangements Act (UGPPA) (2017) Art. 3 , § 301(a)(1)(A) & (B),.

⁵ CAL. PROB. CODE § 1801(d); CONN. GEN. STAT. ANN. § 45a-669 *et seq.*; IDAHO CODE ANN. § 15-5-301 *et seq.*; KY. REV. STAT. ANN. § 387.500 *et seq.*; MICH. COMP. LAWS ANN. ch. 330 (Mental Health Code), §330.1600 *et seq.*; N.Y. Surr. Ct. Proc. Act art. 17-A.

⁶ *See, e.g.*, Pamela B. Teaster et al., *Wards of the State: A National Study of Public Guardianship*, 37 STETSON L. REV. 193, 219 (2007) (noting that a 2005 study of public guardianship programs revealed that court orders only limited guardianships in 0 to 7 percent of cases). *See also* Lawrence A. Frolik, *Promoting Judicial Acceptance and Use of Limited Guardianship*, 31 STETSON L. REV. 735-55 (2002).

⁷ Brenda K. Uekert & Richard Van Duizend, *Adult Guardianships: A “Best Guess” National Estimate and the Momentum for Reform*, in FUTURE TRENDS IN STATE COURTS 2011 107-08 (National Center for State Courts, 2011). *State Court Leaders Strive to Improve Guardianship and Conservatorship Oversight*, NCSC Backgrounder, Nov. 30, 2016, <http://www.ncsc.org/Newsroom/Backgrounder/2016/Guardianship.aspx> (the National Center for State Courts stated that, based on data from a handful of state courts in 2015, there were an estimated 1.3 million open guardianship or conservatorship cases).

⁸ *A Profile of Older Americans: 2015* (Administration on Aging, Administration on Community Living, U.S. Department of Health and Human Services).

⁹ Administration on Intellectual and Developmental Disabilities, *Fact Sheet: President’s Committee for People with Intellectual Disabilities* (2016), <https://acl.gov/Programs/AIDD/Programs/PCPID/index.aspx>.

15 National Core Indicators (NCI) survey, 42 percent of adults with intellectual disability across 46 states and the District of Columbia have some kind of guardianship arrangement in place.¹⁰

Because guardianship intrudes substantially on a person’s liberty, self-determination, and autonomy, it has been the subject of successive reform efforts that have significantly increased the statutorily required (though often ignored in practice) due process protections afforded an “alleged incapacitated person.” These reforms have also attempted to ensure that the substituted decision-making regime of guardianship is the “last resort” or, as a constitutional matter, the “least restrictive alternative” available to protect a person who is unable to care for him or herself.

The “least restrictive alternative” principle was first recognized by the U.S. Supreme Court in *Shelton v. Tucker*,¹¹ and has been applied in a number of contexts, including institutionalization and guardianship, to limit state deprivation of individual rights and liberties only to the extent necessary to achieve the state’s legitimate purposes. The Uniform Guardianship, Conservatorship, and Other Protective Arrangements Act (UGCOPAA) provides that guardianship should be viewed as a “last resort,” and provides that guardianship may not be imposed if less restrictive alternatives will meet the individual’s needs.¹²

The *National Probate Court Standards*¹³ require that a guardianship petition include “representations that less intrusive alternatives to guardianship or conservatorship have been examined”¹⁴; provide that a court “should encourage the appropriate use of less intrusive alternatives to formal guardianship and conservatorship proceedings”¹⁵; and specify that a court visitor report should state “whether less intrusive alternatives are available.”¹⁶ Many state statutes prioritize less restrictive options to guardianship, such as joint accounts, durable and health care powers of attorney, trusts, representative payment for public benefits for financial decisions, and advance directives, living wills, and use of state default consent laws for personal and health decisions.

¹⁰ NCI, *Guardianship Reform*,

http://www.nationalcoreindicators.org/upload/aidd/Guardianship_Case_Study_formatted1.pdf.

There is no comprehensive study on how many people with intellectual or developmental disabilities have guardians nationwide. NCI is an effort by public developmental disabilities agencies to track and measure their own performance.

¹¹ 364 U.S. 479, 493-94 (1960).

¹² UGPPA (1997) Prefatory Note 1-2.

¹³ National Center for State Courts, <http://ncsc.contentdm.oclc.org/cdm/ref/collection/spcts/id/240>.

¹⁴ *Id.* at Standard 3.3.1(C)(9) at p. 44-45 (Petition).

¹⁵ *Id.* at Standard 3.3.2 at 46-47 (Initial Screening).

¹⁶ *Id.* at Standard 3.3.4 at 49-50 (Commentary).

The Emergence and Meaning of Supported Decision-Making

ABA policy, federal¹⁷ and state¹⁸ constitutions, the UGCOPAA,¹⁹ most state guardianship statutes, and, quite possibly, the Americans with Disabilities Act (ADA)²⁰ embrace the principle of the least restrictive alternative. In the guardianship context, the principle requires all alternatives that might enable older persons, persons with cognitive limitations, and persons with intellectual disability, of whatever origin,²¹ to make their own decisions about personal and/or financial matters be considered and exhausted prior to the imposition of the “last resort” of guardianship. However, as a keynote speaker at the 2001 Wingspan Conference noted, the problem is “the failure of available alternatives to obviate the need and demand for guardianship and conservatorships.”²² Or, to put it in a more favorable light, “[t]he greater the availability of and access to alternatives, the better the dignity and freedoms of people needing protection will be preserved.”²³

Over the past several years, a recent shift in the decision-making landscape is the advent of “supported decision-making,” which has been gaining recognition internationally,²⁴ as well as academically²⁵ and legislatively in the United States,²⁶ as a less restrictive alternative to the

¹⁷ See *Shelton v. Tucker*, 364 U.S. 479, 493-94 (1960); *O’Connor v. Donaldson*, 422 U.S. 563 (1975); *Wyatt v. Aderholt*, 503 F.2d 1305 (5th Cir. 1974), *aff’g* *Wyatt v. Stickney*, 325 F. Supp. 781 (M.D. Ala. 1971); *New York State Ass’n for Retarded Children, Inc. v. Carey*, 393 F. Supp. 715 (E.D.N.Y. 1975).

¹⁸ See, e.g., *Keselbrenner v. Anonymous*, 33 N.Y.2d 161, 165 (N.Y. 1973) (ruling “To subject a person to a greater deprivation of his personal liberty than necessary to achieve the purpose for which he is being confined is, it is clear, violative of due process.”).

¹⁹ UGCOPAA (2017), Art. 1, Definitions § 102 (13), Art. 3, § 313 (Duties of Guardian for Adult).

²⁰ Professor Leslie Saltzman has persuasively argued that the ADA’s *Olmstead* mandate applies to guardianship. See Leslie Saltzman, *Rethinking Guardianship(Again): Substituted Decision Making as a Violation of the Integration Mandate of Title II of the Americans With Disabilities Act*, 81 U. COLO. L. REV. 157 (2010); Leslie Saltzman, *New Perspectives on Guardianship and Mental Illness: Guardianship for Persons with Mental Illness—A Legal and Appropriate Alternative?*, 4 ST. LOUIS U. L. J. HEALTH L. & POL’Y 279 (2011).

²¹ AMERICAN ASSOCIATION ON INTELLECTUAL AND DEVELOPMENTAL DISABILITIES, DEFINITION OF INTELLECTUAL DISABILITY, <http://aaidd.org/intellectual-disability/definition#.WJoJwVMrKHs> (defining “intellectual disability” as “a disability characterized by significant limitations in both intellectual functioning and adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18.”).

²² A. Frank Johns & Charles P. Sabatino, *Introduction: The Second National Guardianship Conference*, 31 STETSON L. REV. 575 (2002) (quoting Richard Van Duizend, Executive Director of the National Center of State Courts).

²³ *Id.* at 581.

²⁴ See, e.g., Czech Republic (Czech Civil Code, Supportive Measures for Decreased Legal Capacity Advanced Directives, § 38), <http://www.mdac.org/en/news/czech-republic-enacts-legal-capacity-law-reform>; Israel (Capacity and Guardianship (Amendment No. 18) Law, 5776-2016 (Mar. 29, 2016) (addition of Section 67B), <http://www.supporteddecisionmaking.org/node/393>; Latvia, <http://supporteddecisionmaking.org/legal-resource/latvia-abolishes-plenary-guardianship>.

²⁵ See, e.g., Saltzman, *New Perspectives*, *supra* note 20, at 281 (stating supported decision-making is an extension of the integration mandate); Nina Kohn et al., *Supported Decision-Making: A Viable Alternative to Guardianship*, 117 PENN ST. L. REV. 1111 (2013) (stating supported decision-making in lieu of guardianship or in addition to the guardianship system has the potential to promote self-determination); Jonathan Martinis, *Supported Decision-Making: Protecting Rights, Ensuring Choices*, 36 A.B.A. BIFOCAL 107, 107-10 n.5 (2015); Kristin Booth Glen, *Supported Decision-Making and the Human Right of Legal Capacity*, 3 INCLUSION 2, 2-16 n.1 (2015); Robert Dinerstein et al., *Emerging International Trends and Practices in Guardianship Law for People with Disabilities*, 22 ILSA J. INT’L & COMPARATIVE L. 435 (Winter 2016).

²⁶ Supported Decision-Making Agreement Act, TEX. ESTATES CODE ANN. § 1357 (West 2015).

surrogate decision-making model embodied in guardianship.²⁷ Guardianship practice involves a third party, the guardian, making decisions *for* the individual subject to guardianship, using a variety of standards.²⁸ By contrast, supported decision-making focuses on *supporting* the individual's own decisions.

Supported decision-making constitutes an important new resource or tool to promote and ensure the constitutional requirement of the least restrictive alternative. As a practical matter, supported decision-making builds on the understanding that no one, however abled, makes decisions in a vacuum or without the input of other persons. Whether the issue is what kind of car to buy, which medical treatment to select, or who to marry, a person inevitably consults friends, family, coworkers, experts, or others before making a decision. Supported decision-making recognizes that older persons, persons with cognitive limitations, and persons with intellectual disability will also make decisions with the assistance of others, although the kinds of assistance necessary may vary or be greater than those used by persons without disabilities.

Such assistance or “supports” may be formal or informal, and may come from individuals such as family members, friends, professionals, advocates, peers and community members. Supports may also involve accommodations such as communication aids and devices and modification of practices or procedures, as well as an array of community services and supports such as those provided under the Older Americans Act (OAA).²⁹ These supports help individuals understand relevant information and available choices so they can make their own decisions. Individuals serving as supporters can assist the decision-maker in other ways; for example, when a person cannot communicate verbally, a family member may interpret and communicate the person's decisions. An emergent form of support is the “Supported Decision-Making Agreement,”³⁰ by which the person with a disability chooses individuals to support him or her in various areas, such as finances, health care, and employment, and the “supporters” agree to support the person in his or her decisions, rather than substituting their own.

²⁷See, e.g., Saltzman, *New Perspectives*, *supra* note 20, at 306-07; Dinerstein et al., *supra* note 25. For a useful and concise summary of the history of supported decision-making, see Michelle Browning et al., *Supported Decision Making: Understanding How Its Conceptual Link to Legal Capacity Is Influencing the Development of Practice*, 1:1 ROUTLEDGE RESEARCH AND PRACTICE IN INTELLECTUAL AND DEVELOPMENTAL DISABILITIES 34-35 (2014), <http://dx.doi.org/10.1080/23297018.2014.902726>. For a discussion of the extension of supported decision-making to older persons with cognitive decline, see Rebekah Diller, *Legal Capacity for All: What the Shift from Adult Guardianship to Supported Decision-Making Has to Offer Older Adults*, 43 FORDHAM URBAN L.J. (forthcoming 2017) (on file with authors).

²⁸Linda S. Whitton & Lawrence A. Frolik, *Surrogate Decision-Making Standards for Guardians: Theory and Reality*, *Symposium on Third National Guardianship Summit: Standards of Excellence*, 3 UTAH L. REV. 1491-540 (2012).

²⁹42 U.S.C. §§ 3001-3058ee.

³⁰The supported decision-making agreement, designated a “Representation Agreement,” was first legislatively recognized in British Columbia 30 years ago. Representation Agreement Act, R.S.B.C., ch.405 (1996). That model has since been used in a number of other Canadian provinces, see Glen, *supra* note 3, at 145-53. Supported decision-making or representation agreements are used in supported decision-making pilot projects around the world, as well as in the first U.S. pilot project in Northampton, Massachusetts, *Supported Decision-Making Pilot Project*, a joint initiative of the Center for Public Representation and Nonotuck Resource Associates, Inc., <http://supporteddecisions.org>. See Elizabeth Pell, *Supported Decision Making Pilot: A Collaborative Approach, Pilot Evaluation Year 1 Report* (Human Services Research Institute, Nov. 30, 2015), http://supporteddecisions.org/wp-content/uploads/2015/04/SDM-Evaluation-Report-Year-1_HSRI-2015.pdf.

Support for, and Legal Recognition of, Supported Decision-making

As a legal, human rights, or theoretical matter, supported decision-making is the means by which a person with a disability exercises his or her right of legal capacity, as guaranteed by the United Nations Convention on the Rights of Persons with Disabilities (CRPD), which was adopted in 2006 and came into force in May 2008.³¹ Article 12 embraces supported decision-making, stating that “persons with disabilities enjoy legal capacity on an equal basis with others in all aspects of life,”³² and that “state parties [governments] shall take appropriate measures to provide access by persons with disabilities to the support they may require in exercising their legal capacity.”³³ Article 12 has been used to ensure self-determination and equality for people with cognitive, intellectual, and psychosocial disabilities. Supported decision-making is receiving increasing legislative and judicial support in a number of countries.³⁴

In 2010, the ABA House of Delegates passed a resolution “urg[ing] the United States to ratify and implement United Nations Convention on the Rights of Persons with Disabilities.”³⁵ Although it has not yet been ratified by the Senate, the CRPD has provided inspiration and impetus for supported decision-making both nationally and more locally.³⁶

The federal agency responsible for overseeing the services and supports for both persons with intellectual disability and older persons—the Administration for Community Living (ACL) of the US Department of Health and Human Services (DHHS)—has embraced supported decision-making as an important modality in promoting and protecting autonomy and dignity.³⁷ In 2013, ACL funded a five-year grant to create a National Resource Center for Supported Decision-Making,³⁸ and has since authorized \$2.5 million for research on its practical impact.³⁹ ACL also

³¹ <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities/convention-on-the-rights-of-persons-with-disabilities-2.html>. In 2009, President Obama signed the treaty. As of January 2017, 172 countries have ratified the treaty. Although the Obama Administration submitted the CRPD to the Senate for ratification in the 112th Congress and again in the 113th, the Senate has yet to ratify the treaty.

³² Art. 12(2), G.A. Res. 61/106, U.N. Doc. A/RES/61/106 (Dec. 13, 2006).

³³ *Id.* at 12(3).

³⁴ See SYMPOSIUM, INTERNATIONAL CONVENING TO SHARE EXPERIENCES ON IMPLEMENTATION OF CRPD ARTICLE 12 (Open Society Foundations & American University, Washington College of Law, Apr. 11-14, 2016) (convening representatives from, but not limited to, Argentina, Bulgaria, China, Columbia, India, Ireland, Israel, Lithuania, and Peru, in order to discuss the challenges and successes regarding implementation of supported decision-making throughout the world).

³⁵ ABA Resolution 2010M108B,

http://www.americanbar.org/content/dam/aba/directories/policy/2010_my_108b.authcheckdam.pdf.

³⁶ The President’s Committee for People with Intellectual Disabilities has recommended the U.S. Departments of Health and Human Services, Justice, Education and Labor encourage the study, integration, and promotion of supported decision-making in their policies and programs. See *Report to the President: Strengthening an Inclusive Pathway for People with Intellectual Disabilities and their Families* 61-69 (2016),

https://acl.gov/Programs/AIDD/Program_Resource_Search/docs/PCPID-Report-2016.pdf.

³⁷ Aaron Bishop & Edwin Walker, *Preserving the Right to Self-Determination: Supported Decision Making*, U.S. Dep’t. of Health and Human Services, Administration for Community Living Blog (Jan. 28, 2015),

http://www.acl.gov/NewsRoom/blog/2015/2015_01_28.aspx.

³⁸ The National Center, now three years old, has actively advanced supported decision-making through, *inter alia*, its website, webinars, printed materials, and numerous presentations to stakeholders groups of all kinds,

<http://www.supporteddecisionmaking.org/>.

³⁹ <http://news.syr.edu/burton-blatt-institute-receives-2-5-million-grant-60460/>.

funds state Developmental Disabilities Planning Councils (DDPC), which in turn have funded pilot programs on supported decision-making⁴⁰ and its use to restore rights to persons subject to guardianship.⁴¹

The Uniform Law Commission recently revised the uniform law relating to guardianship, and, in doing so, recognized supported decision-making as a less restrictive alternative to guardianship.⁴² The National Guardianship Association has recognized that “[s]upported decision-making should be considered for the person before guardianship. . . .”⁴³

Legislation

Texas enacted the country’s first law recognizing supported decision-making agreements.⁴⁴ Supported decision-making is defined as

a process of supporting and accommodating an adult with a disability to enable the adult to make life decisions, including decisions related to where the adult wants to live, the services, supports, and medical care the adult wants to receive, whom the adult wants to live with, and where the adult wants to work, without impeding the self-determination of the adult.⁴⁵

The explicit purpose of the law is to serve as a less restrictive alternative for guardianship.⁴⁶ Delaware has recently enacted a similar law.⁴⁷

Further, in 2015 the District of Columbia enacted special education legislation providing that students with disabilities turning 18 years old “may receive support from another competent and willing adult to aid them in their decision-making” related to their individualized education program.⁴⁸ If a disagreement exists between the student and the supporter, the student’s

⁴⁰ See, e.g., New York State DDPC Funding Announcement, Supported Decision-making (soliciting proposals for two pilot projects utilizing supported decision-making, one to divert persons at risk of guardianship and one to restore rights to persons subject to guardianship), <https://ddpc.ny.gov/supported-decision-making-0>.

⁴¹ *Id.*

⁴² The revised UGPPA, retitled the Uniform Guardianship, Conservatorship, and Other Protective Arrangements Act (UGCOPAA), was approved by the Uniform Law Commission in July 2017. The Act provides that the guardianship order must clearly state the court’s finding that the respondent’s needs cannot be met by less restrictive means, including use of appropriate supportive services, technological assistance, and supported decision-making. Art. 3, § 301(a)(1)(A).

⁴³ NATIONAL GUARDIANSHIP ASSOCIATION, POSITION STATEMENT ON GUARDIANSHIP, SURROGATE DECISION MAKING AND SUPPORTED DECISION MAKING, at 2, <http://www.guardianshiporg/documents/NGA.Policy.Statement.052016.pdf>.

⁴⁴ Supported Decision-Making Agreement Act, TEX. ESTATES CODE ANN. § 1357 (West 2015). The instant resolution does not, in any way, either endorse or propose adoption of such statutes before there is more experience with, and evaluation of, the use of supported decision-making agreements, as commentators have suggested. See, e.g., Nina A. Kohn et al., *supra* note 25 (proposing an empirical research agenda on how supported decision-making works in practice).

⁴⁵ *Id.* § 1357.002(3).

⁴⁶ *Id.* § 1357.003.

⁴⁷ DEL. CODE ANN. tit. 16, ch. 94A.

⁴⁸ Special Education Procedural Protections Expansion Act of 2014, DC CODE § 38-2571.04(b).

decisional choice prevails.⁴⁹ In addition to the statute, the District of Columbia Public Schools has established policy and created a form that allows the student to designate the individual(s) who will serve as supporters, and to specify to which documents, such as requests for assessments or changes in placement or services, the student will permit supporters to gain access.⁵⁰

Case Law

Courts, as well, are recognizing that an ongoing support system that enables persons with intellectual disability to make decisions constitutes a less restrictive alternative that eliminates the need for guardianship.⁵¹ In one well-publicized case, a Virginia court appointed temporary guardians with the specific task of creating a supported decision-making system for Jenny Hatch, a 27-year-old woman with Down syndrome. The order indicated that the temporary guardianship would end in one year, which it did.⁵² Similarly, courts have granted restoration of rights upon a showing that the person subject to guardianship now had a functioning support system,⁵³ or on proof of execution of a supported decision-making agreement.⁵⁴

ABA Involvement and Policy

The ABA has played a leading role in these guardianship reform efforts, dating back almost four decades. Particularly notable in this almost forty-year history is the ABA's consistent focus on the need and obligation to exhaust other, less restrictive alternatives that would enable an incapacitated person to avoid guardianship. In 1977, the ABA House of Delegates passed a resolution embodying as "an explicit right and underlying premise" the doctrine of least restrictive alternative, namely "[t]he doctrine that mentally disabled persons cannot be deprived of basic rights in order to achieve state objectives that can be accomplished in less intrusive ways."⁵⁵ In 1979, the ABA Commission on the Mentally Disabled (now the Commission on Disability Rights (CDR)) studied limited guardianship, public guardianship, and adult protective

⁴⁹ *Id.* § 104(b)(2).

⁵⁰ D.C. Public Schools, Office of Teaching and Learning, Supported Decision Making Form, <http://dcps.dc.gov/sites/default/files/dc/sites/dcps/publication/attachments/Supported%20Decision%20Making%20Form.pdf>.

⁵¹ *See, e.g., In re D.D.*, 19 N.Y.S.3d 867, 876 (N.Y. Surr. Ct. 2015) (denying appointment of a mother and brother as co-guardians for their 29-year-old son/brother with Down syndrome on the grounds that his network of supported decision-making over the past 11 years "has yielded a safe and productive life where he has thrived and remained free from the need to wholly supplant the legal right to make his own decisions.").

⁵² *Ross v. Hatch*, No. CWF120000426P-03, slip op. (Va. Cir. Ct. Aug. 2, 2013).

⁵³ *In re Dameris L.*, 956 N.Y.S.2d 848, 856 (N.Y. Sur. Ct. 2012) (ruling that even if the court had jurisdiction over a woman with an intellectual disability, guardianship was no longer warranted because "she is able to exercise her legal capacity, to make and act on her own decisions, with the assistance of a support network."); *In re Ryan Herbert King*, No. 2003 INT 249 (D.C. Super. Ct. Probate Div., Oct. 11, 2016) (granting motion to terminate 15-year guardianship of an individual with intellectual disability based on existence of supported decision-making arrangement).

⁵⁴ *Guardianship of Cory C.*, Amended Findings of Fact and Rulings of Law, No. BE09PO253 (Berkshire Cnty. Mass. Dec. 7, 2015).

⁵⁵ ABA Commission on the Mentally Disabled and Section Individual Rights and Responsibilities, Recommendation and Report, August 1077.

services in six states,⁵⁶ leading to its proposal of an extensive model guardianship statute,⁵⁷ which took as its basic premise the requirement of “least restrictive dispositional alternative,” the following year. The Comment to Chapter 1, §3926 of the model statute provided:

The principle of the least restrictive alternative was explained in the report of the President’s Committee on Mental Retardation [now the President’s Committee on People with Intellectual Disabilities] as follows: when the government ... [has] a legitimate communal interest to serve by regulating human conduct it should use methods that curtail human freedom to no greater extent than is essential for securing that interest. In the context of the statute, no restriction should be placed on the legal capacity of an individual to act in his or her own behalf unless no combination of voluntary services or other alternatives to guardianship or conservatorship would be sufficient to permit the partially disabled or disabled person to meet the essential requirements for his or her physical health or safety and/or manage his or her financial resources.⁵⁸

In 1986, the ABA Commission on Legal Problems of the Elderly (now Commission on Law and Aging (COLA)) hosted a National Conference of the Judiciary on Guardianship Proceedings for the Elderly, which produced a *Statement of Recommended Judicial Practices*, premised on the principle of the least restrictive alternative. The ABA House of Delegates adopted the *Statement* in 1987.⁵⁹

In response to a nationwide Associated Press exposé of guardianship abuse, COLA and CDR convened in 1988 a multidisciplinary conference, the Wingspread National Guardianship Symposium, which reviewed the then-current guardianship system and developed an agenda for reform, generating thirty-one recommendations. In February 1989, the House of Delegates adopted all but two of the recommendations.⁶⁰ The symposium’s first recommendation was: “To encourage alternatives to and more appropriate uses of guardianship, the costs and benefits of various guardianship alternatives should be explored. . . .”⁶¹ The Commentary stated “alternatives should be explored first, and guardianship . . . should be relied on only as a last resort to provide needed services.”⁶²

⁵⁶ See Melvin T. Axilbund, *Exercising Judgment for the Disabled: Report of an Inquiry into Limited Guardianship, Public Guardianship and Adult Protective Services in Six States: Executive Summary* (American Bar Association, Commission on the Mentally Disabled, 1979).

⁵⁷ See Model Guardianship and Conservatorship Act, Section ch.1, §3(26), in Bruce Dennis Sales, D. Matthew Powell & Van Duizend, *Disabled Persons and the Law: State Legislative Issues* (Plenum Press 1980).

⁵⁸ *Id.* In its use of a functional rather than medical model, the Model Statute was far ahead of its time, rejecting a results-based model of incapacity, noting that “the [incapacity] standard should focus on the ability to engage in the decision-making process rather than on the resulting decision. . . . Individuals with disabilities should have no less right to be wrong than those without disabilities.” Comment to Section 3(1).

⁵⁹ See

http://www.americanbar.org/content/dam/aba/administrative/law_aging/1987_guardianship_recommendation.authcheckdam.pdf

⁶⁰ ABA Resolution 89M104,

http://www.americanbar.org/content/dam/aba/directories/policy/1989_my_104.authcheckdam.pdf.

⁶¹ Commission on the Mentally Disabled & Commission on Legal Problems of the Elderly, *Guardianship: An Agenda for Reform*, 1989, Recommendation I-A.

⁶² *Id.* at Agenda Commentary, 3-4.

Two recommendations adopted by the House focused on terminating guardianships and restoring one's rights. One provided that "[c]ourt orders should make it relatively easy for the court to extend, limit *or dissolve* guardianships."⁶³ (Emphasis added). The Commentary noted that "[i]n this way courts can monitor changing conditions and make sure the guardianship order *still represents the least restrictive alternative possible*." (Emphasis added.) The other recommendation stated that "[u]pon a showing of favorable change in circumstances, the burden of proof should be imposed on those seeking to continue the guardianship."⁶⁴

In August 1998, the House of Delegates approved the Uniform Guardianship and Protective Proceedings Act (UGPPA),⁶⁵ which is premised on the principle of the least restrictive alternative. In 2001, ABA entities with a host of other collaborating groups⁶⁶ convened Wingspan—The Second National Guardianship Conference, which produced recommendations in six separate areas. In 2002, approving these recommendations, the House explicitly "[s]upport[ed] the concept that guardianship should be a last resort and that less restrictive alternatives should be explored and exhausted prior to judicial intervention. . . ."⁶⁷

A third invitational national convocation, the Third National Guardianship Summit in 2011, sponsored by the National Guardianship Network—including both the ABA Commission on Law and Aging and the Section of Real Property, Trust and Estate Law—produced recommendations,⁶⁸ which the House adopted in August 2012.⁶⁹ The House explicitly endorsed the obligation of a conservator [or guardian] "to assist the person [subject to guardianship] to develop *or regain* the ability to manage [his or her] affairs."⁷⁰ (Emphasis added.) Recommendation 2.2 encourages the court to issue orders that implement the least restrictive alternative and maximize the person's right to self-determination and autonomy.⁷¹ Recommendation 2.3 encourages courts to "monitor the well-being of the person and status of the estate on an on-going basis, including, but not limited to: "Determining whether less restrictive alternatives will suffice."⁷²

⁶³ *Id.* at Recommendation III-D.

⁶⁴ *Id.* at Recommendation III-F.

⁶⁵ ABA Resolution 98A116,

http://www.americanbar.org/content/dam/aba/directories/policy/1998_am_116.authcheckdam.pdf. The revised UGPPA, retitled the Uniform Guardianship, Conservatorship and Other Protective Arrangement Act (UGCOPAA), was approved by the Uniform Law Commission in July 2017.

⁶⁶ The Wingspan Second National Guardianship Conference's primary sponsors were the National Academy of Elder Law Attorneys, Stetson University College of Law, and the Borchard Foundation Center on Law and Aging, with co-sponsors including the ABA Commission on Legal Problems of the Elderly, the National College of Probate Judges, the Supervisory Council of the ABA Section of Real Property, Probate and Trusts (currently the Section of Real Property, Trust and Estate Law), the National Guardianship Association, the Center for Medicare Advocacy, the Arc of the United States, and The Center for Social Gerontology, Inc.

⁶⁷ ABA Resolution 02A108B,

http://www.americanbar.org/content/dam/aba/directories/policy/2002_am_108b.authcheckdam.pdf.

⁶⁸ *Symposium Third National Guardianship Summit: Standards of Excellence*, 2012 UTAH L. REV. 1191.

⁶⁹ ABA Resolution 12A106B,

http://www.americanbar.org/content/dam/aba/directories/policy/2012_hod_annual_meeting_106b.authcheckdam.doc.

⁷⁰ *Id.*

⁷¹ *Symposium*, *supra* note 68, 2012 UTAH L. REV. 1200.

⁷² *Id.*

In October 2012, COLA and CDR hosted the first National Roundtable on Supported Decision-Making, with cooperation of the Agency for Community Living of the US Department of Health and Human Services, to explore concrete ways to move from a model of substitute decision-making to one of supported decision-making. As one consequence of that Roundtable, COLA, CDR, the ABA Section on Civil Rights and Social Justice) and the ABA Section of Real Property, Trust and Estate Law received an ABA Enterprise Grant to develop an instrument to help lawyers identify and implement decision-making options for persons with disabilities that are less restrictive than guardianship, including supported decision-making. That instrument, the PRACTICAL tool, offers concrete steps to implement the least restrictive alternative principle as a routine practice of law; it was rolled out in the summer of 2016.⁷³

In September 2016, COLA held an invitational Roundtable on Restoration of Rights. It grew out of a cross-state guardianship file review supported by the Greenwall and Borchard Foundations.

Need for the Resolution

Although supported decision-making is increasingly understood and practiced, especially in the intellectual disability/developmental disability community, and clearly offers an additional, and potentially more readily available alternative to guardianship,⁷⁴ it may not be widely known among persons seeking guardianship. Legislation that requires supported decision-making to be identified and considered before guardianship is imposed⁷⁵ promotes self-determination. Such legislation directs petitioners (and their attorneys) to use the principles of supported decision-making before seeking guardianship—actions already proposed by the ABA’s PRACTICAL tool.⁷⁶

In the same way, courts may not be aware of supported decision-making or how it may constitute a statutorily required less restrictive alternative to guardianship. Accordingly, specifically naming supported decision-making as a modality that must be considered ensures that it will be part of the judicial toolbox available to avoid the unnecessary deprivation of liberty and/or property rights for persons with a variety of cognitive disabilities.

Furthermore, restoration of rights/termination of guardianship proceedings for persons currently subject to guardianship present additional, but equally important occasions for ensuring that

⁷³ PRACTICAL is an acronym for Presume, Reason, Ask, Community, Team, Identify, Challenges, Ability, Limits. ABA Commission on Law and Aging et al.,

http://www.americanbar.org/content/dam/aba/administrative/law_aging/PRACTICALGuide.authcheckdam.pdf.

⁷⁴ The “least restrictive alternatives” most often mentioned in judicial decisions are trusts, advanced directives and/or powers of attorney, which generally require the services of an attorney, and may either be unknown or unavailable to persons of lower socio-economic status, minorities, and immigrants. It is, however, precisely members of these groups who have been recognized in the judicial decisions on supported decision-making to date.

⁷⁵ Concomitant with a statutory requirement that supported decision-making must be considered, as the Resolution requires, would be a provision requiring that a guardianship petition contain a detailed statement about efforts already undertaken to utilize supported decision-making, and why those efforts were unsuccessful. The proposed revision of the UGPPA currently under consideration would require that the petition include a description of the alternative means of meeting the person’s need that have been considered or implemented.

⁷⁶ ABA Commission on Law and Aging et al., *supra* note 73.

guardianship is still the least restrictive available alternative.⁷⁷ There is very little data on the number or results of restoration proceedings, but what data does exist suggests that these proceedings are few and far between.⁷⁸

Although ABA policy, the UGCOPAA, and a number of state statutes specifically require the proponent of continuing guardianship to prove that it is still required, there is a general misconception that the person subject to guardianship must prove that he or she has “recovered” capacity. By requiring courts to consider supported decision-making in restoration proceedings, the inquiry is properly returned to whether the existence of supporters who can assist the person in making his or her own decisions obviates the need for the deprivation of rights engendered by guardianship.

Conclusion

The proposed resolution will further existing ABA policy requiring that guardianship must be the least restrictive available alternative, by bringing the 21st century concept and practice of supported decision-making into legislation prescribing requirements for imposing guardianship and into judicial decision-making in proceedings for the restoration of rights of persons currently subject to guardianship.

Respectfully submitted,

Robert T. Gonzales, Chair
Commission on Disability Rights

Kirke Kickingbird, Chair
Section of Civil Rights and Social Justice

David J. Dietrich, Chair
Section of Real Property, Trust and Estate Law

Honorable Judge Patricia Banks, Chair
Commission on Law and Aging
August 2017

⁷⁷ *Id.*

⁷⁸ See Jenica Cassidy, *Restoration of Rights in the Termination of Adult Guardianship*, 23 IL. ELDER L.J. 83 (2015).

GENERAL INFORMATION FORM

Submitting Entity: Commission on Disability Rights

Submitted By: Robert T. Gonzales, Chair, Commission on Disability Rights

1. Summary of Resolution(s).

This resolution urges state, territorial, and tribal legislatures to amend their guardianship statutes to require that supported decision-making be identified and fully considered as a less restrictive alternative before guardianship is imposed; and urges courts to consider supported decision-making as a less restrictive alternative to guardianship.

This resolution further urges state, territorial, and tribal legislatures to amend their guardianship statutes to require that decision-making supports that would meet the individual's needs be identified and fully considered in proceedings for termination of guardianship and restoration of rights; and urges all courts to consider available decision-making supports that would meet the individual's needs as grounds for termination of a guardianship and restoration of rights.

Supported decision-making is a process by which individuals with psychosocial disabilities, intellectual and developmental disabilities, and traumatic brain injury, as well as older individuals with cognitive limitations, choose a trusted person or persons to support them in making their own decisions and exercising their legal capacity. Supporters can be friends, family, professionals, advocates, peers, community members, or any other trusted person. They may gather and present relevant information; help the individual to understand and weigh decisions, including potential risks, options, and likely outcomes and consequences; communicate the decision to third parties such as health care professionals and financial institutions; and/or assist in implementing the decision.

2. Approval by Submitting Entity.

The Commission on Disability Rights approved the resolution by vote on April 21, 2017.

The Commission on Law and Aging approved the resolution by vote on January 27, 2017.

The Section of Civil Rights and Social Justice approved the resolution by vote on April 30, 2017.

The Section of Real Property, Trust and Estate Law approved the resolution by vote on April 11, 2017.

3. Has this or a similar resolution been submitted to the House or Board previously?

In 1987, the House of Delegates adopted a *Statement of Recommended Judicial Practices*, premised on the principle of the least restrictive alternative. See ABA Resolution 89M104, http://www.americanbar.org/content/dam/aba/directories/policy/1989_my_104.authcheckdam.pdf.

In February 1989, the House of Delegates adopted all but two of thirty-one of the recommendations from the Wingspread National Guardianship Symposium, which reviewed the then-current guardianship system and developed an agenda for reform. *See* ABA Resolution 89M104, http://www.americanbar.org/content/dam/aba/directories/policy/1989_my_104.authcheckdam.pdf. The symposium’s first recommendation was: “To encourage alternatives to and more appropriate uses of guardianship, the costs and benefits of various guardianship alternatives should be explored. . . .” The Commentary stated “alternatives should be explored first, and guardianship . . . should be relied on only as a last resort to provide needed services.” In addition, two recommendations adopted by the House focused on terminating guardianships and restoring one’s rights. One provided that “[c]ourt orders should make it relatively easy for the court to extend, limit *or dissolve* guardianships. The Commentary noted that “[i]n this way courts can monitor changing conditions and make sure the guardianship order *still represents the least restrictive alternative possible*.” (Emphasis added.) The other recommendation stated that “[u]pon a showing of favorable change in circumstances, the burden of proof should be imposed on those seeking to continue the guardianship.”

In August 1998, the House of Delegates approved the Uniform Guardianship and Protective Proceedings Act (UGPPA), which is premised on the principle of the least restrictive alternative. *See* ABA Resolution 98A116, http://www.americanbar.org/content/dam/aba/directories/policy/1998_am_116.authcheckdam.pdf.

4. What existing Association policies are relevant to this Resolution and how would they be affected by its adoption?

The above policies cited in #3 are relevant to this Resolution because we are urging (1) legislatures to amend their guardianship statutes to require that supported decision-making be identified and fully considered as a less restrictive alternative before guardianship is imposed, as well as in proceedings for termination of guardianship and (2) courts to consider supported decision-making as a less restrictive alternative to guardianship, as well as grounds for termination of a guardianship.

Accordingly, this resolution builds on existing ABA policy that views guardianship as a “last resort” by recognizing supported decision-making as a less restrictive alternative to consider before guardianship is imposed, and using this principle as grounds for terminating a guardianship.

5. If this is a late report, what urgency exists which requires action at this meeting of the House?

N/A

6. Status of Legislation. (If applicable)

Texas enacted the country’s first law recognizing supported decision-making agreements. *See* Supported Decision-Making Agreement Act, TEX. ESTATES CODE ANN. § 1357 (West 2015). The explicit purpose of the law is to serve as a less restrictive alternative for

guardianship. Delaware has recently enacted a similar law. *See* DEL. CODE ANN. tit. 16, ch. 94A.

Further, the District of Columbia enacted special education legislation providing that students with disabilities turning 18 years old “may receive support from another competent and willing adult to aid them in their decision-making” related to their individualized education program. *See* Special Education Procedural Protections Expansion Act of 2014, DC CODE § 38-2571.04(b).

7. Brief explanation regarding plans for implementation of the policy, if adopted by the House of Delegates.

Encourage (1) states to pass legislation that amends their guardianship statutes to require that supported decision-making be identified and fully considered as a less restrictive alternative before guardianship is imposed, as well as in proceedings for termination of guardianship, and (2) courts to consider supported decision-making as a less restrictive alternative to guardianship, as well as grounds for termination of a guardianship. This would be accomplished by educating states and courts about the principle of supported decision-making and its use in ensuring self-determination.

8. Cost to the Association. (Both direct and indirect costs)

None

9. Disclosure of Interest. (If applicable)

N/A

10. Referrals.

Section of Administrative Law and Regulatory Practice
Section of Civil Rights and Social Justice
Section of Family Law
Health Law Section
Section of Real Property, Trust and Estate Law
Section of State and Local Government Law
Judicial Division
Solo, Small Firm and General Practice Division
Senior Lawyers Division
Young Lawyers Division
Standing Committee on Client Protection
Center for Human Rights
Commission on Law and Aging

11. Contact Name and Address Information. (Prior to the meeting. Please include name, address, telephone number and e-mail address)

Commission on Disability Rights
Amy L. Allbright
1050 Connecticut Avenue, NW, Suite 400

Washington, DC 20036
(202) 662-1575
amy.allbright@americanbar.org

12. Contact Name and Address Information. (Who will present the report to the House? Please include name, address, telephone number, cell phone number and e-mail address.)

Robert T. Gonzales
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EXECUTIVE SUMMARY

1. Summary of the Resolution

This resolution urges state, territorial, and tribal legislatures to amend their guardianship statutes to require that supported decision-making be identified and fully considered as a less restrictive alternative before guardianship is imposed; and urges courts to consider supported decision-making as a less restrictive alternative to guardianship.

This resolution further urges state, territorial, and tribal legislatures to amend their guardianship statutes to require that decision-making supports that would meet the individual's needs be identified and fully considered in proceedings for termination of guardianship and restoration of rights; and urges all courts to consider available decision-making supports that would meet the individual's needs as grounds for termination of a guardianship and restoration of rights.

Supported decision-making is a process by which individuals with psychosocial disabilities, intellectual and developmental disabilities, and traumatic brain injury, as well as older individuals with cognitive limitations, choose a trusted person or persons to support them in making their own decisions and exercising their legal capacity. Supporters can be friends, family, professionals, advocates, peers, community members, or any other trusted person. They may gather and present relevant information; help the individual to understand and weigh decisions, including potential risks, options, and likely outcomes and consequences; communicate the decision to third parties such as health care professionals and financial institutions; and/or assist in implementing the decision.

2. Summary of the Issue that the Resolution Addresses

The resolution addresses the following issue: Identification and consideration of supported decision-making as a less restrictive alternative to guardianship, as well as ground for termination of a guardianship and restoration of rights.

3. Please Explain How the Proposed Policy Position will address the issue

This resolution will address this issue by urging (1) legislatures to amend their guardianship statutes to require that supported decision-making be identified and fully considered as a less restrictive alternative before guardianship is imposed, as well as in proceedings to terminate a guardianship and (2) courts to consider supported decision-making as a less restrictive alternative to guardianship, as well as grounds for termination of a guardianship.

4. Summary of Minority Views or Opposition Internal and/or External to the ABA Which Have Been Identified:

At this time, we are not aware of any opposition.